

**Best (Furry) Friends**

ONLINE SEMINAR

Explore the extraordinary connection we share with our animal companions. Connect with us to understand how pets can enhance your mental and emotional wellbeing.

LET US HELP

Visit your home page starting Tuesday 3/19:

WEBSITE: [www.eap.wa.gov/worklife](http://www.eap.wa.gov/worklife)

YOUR ORG CODE (to logon): <Org Code>

TOLL FREE: 1-877-313-4455

ALWAYS AVAILABLE | FREE | CONFIDENTIAL

**YOUR EMPLOYEE ASSISTANCE PROGRAM**

**MARCH 2024**

